

Bacon & Chicken Caesar Salad

.....\$9.95
Classic Caesar with bacon bits, chicken breast, romaine, parmesan, croutons and Caesar dressing.

Harvest Salad

.....\$8.45
Romaine, Spinach, flax and sunflower seeds, dried cranberries, feta and balsamic dressing.

The Greek

380 cal.\$8.45
Mixed greens, Kalamata olives, roasted red peppers, cucumbers, cherry tomatoes, croutons, artichoke hearts, feta and Greek vinaigrette.

Honey Mustard Cobb

.....\$9.95
Mixed greens, hard boiled egg, bacon, bleu cheese, apples, chicken breast, sunflower seeds, red onion, cherry tomatoes, avocado and honey mustard dressing.

Classic Caesar

.....\$6.95
Classic Caesar with romaine, parmesan, in-house croutons and Caesar dressing.

Garden Salad

.....\$6.95
Mixed greens, cucumber, cherry tomatoes, croutons, red onion and choice of dressing: bleu cheese, ranch, honey mustard, balsamic, Greek or 1000 island.

Add Chicken Breast, scoop of Chicken Salad or Tuna

.....\$2.00

Half Salad & Half Cold Sandwich

.....\$9.95
Salad options are Harvest, Caesar and Garden with any of our cold sandwiches.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.



BAKERY CAFE
Bread. The way it ought to be.

Fresh FROM THE CAFE Menu

Summer 2020



930 Hilltop Dr., Ste. D
Redding, CA 96002
(530)222-8083
www.GreatHarvestRedding.com

Sandwich Hours:
M - F: 9 AM - 5:30 PM & Sat: 9 AM - 4 PM

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The Classic Breakfast Sandwich

670-720 cal.\$8.45

Crispy bacon or black forest ham, egg, choice of cheese and our in-house garlic spread. Get both meats for .50 more!

The Californian Breakfast Sandwich

.....\$9.45

Fresh avocado, tomato, egg, bacon, spinach, choice of cheese and our in-house garlic spread.

Classic Deli Sandwich

570-680 cal.\$9.45

Choose smoked turkey, roast beef or black forest ham. With red onion, lettuce, tomato, mayo and mustard and choice of cheese: cheddar, provolone, swiss & pepperjack.

Harvest Veggie

590-640 cal.\$9.45

Bell pepper, cucumber, red onion, romaine, tomato, swiss & cheddar cheese and our in-house garlic spread.

California Cobb

510-560 cal.\$9.45

Fresh avocado, smoked turkey, crispy bacon, bleu cheese, romaine, tomato and red onion.

Bleu Roast Beef

470-520 cal.\$9.45

Freshly shaved roast beef, our bleu cheese spread, red onion, romaine and tomato.

Tuna Sandwich

620-670 cal.\$9.45

Chunk white albacore tuna, mayo, romaine, tomato and red onion. Try it grilled!

Louisville Cajun Chicken Salad

690-740 cal.\$9.45

White & dark chicken meat, our in-house roasted Cajun pecans, mayo, red onion, romaine and tomato.

Kid's Deli & PB & J

.....\$3.95

Designed for kids 12 and under, classic deli with cheese, mayo and mustard or PB&J.

The Italian Panini

660-710 cal.\$9.95

Genoa salami, ham, olive tapenade, provolone, red onion, drizzled with our red wine vinaigrette and grilled on our rosemary focaccia.

Roast Beef Panini

720-790 cal.\$9.95

Freshly shaved roast beef, roasted red peppers & onions, provolone, romaine, tomato and our in-house garlic spread.

Harvest Pesto Panini

620-680 cal.\$9.95

Grilled chicken breast, pesto, provolone, spinach, tomato, our in-house garlic spread and grilled on our rosemary focaccia.

Spicy Turkey Panini

590-650 cal.\$9.95

Smoked turkey, pepperjack, roasted peppers & onions, romaine, tomato and our spicy mayo.

Tuscan Chicken Panini

780-830 cal.\$9.95

Grilled chicken breast, provolone, red onion, romaine, tomato and our in-house garlic spread.

Mile High Panini

740-790 cal.\$9.95

Freshly shaved roast beef, smoked turkey, swiss, red onion, romaine, tomato and our in-house garlic spread.

Smoky BBQ Panini

560-610 cal.\$9.95

Grilled chicken breast, cheddar, bacon, red onion, romaine, tomato and smoky BBQ sauce.

Gus's Grilled Cheese

680-730 cal.\$7.95

A twist on the traditional! Melted swiss & cheddar cheese with our in-house garlic spread. (Add Ham or Bacon...\$2.00).

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